

# The Frazzled Female

30 Days to Finding God's Peace in Your Daily Chaos  
with Devotional Journal  
by Cindi Wood

## ABOUT THE BOOK

*The Frazzled Female Devotional Journal* is a delightful reformat of the previous book based on one of today's most popular Bible studies for women. Designed to guide every busy lady toward sanity, peace, and a deeper, more vibrant relationship with God, the content is now presented as a thirty-day reader divided into six working-week sections.

Lighter than the original hardcover edition, but reinforced to support the journaling component, the book's special features include lay-flat binding, a ribbon marker, one-color designed interior pages, and three new devotions from Cindi Wood: Making God Priority, When I'm Angry, and Yoked with Jesus.

## BEST-SELLING POINTS

- You won't lose hope at the end of your rope with this popular book for stressed out women that's now creatively reformatted into a 30-day devotional experience.
- Cindi Wood's *Frazzled Female* Bible study has sold more than **100,000** copies!
- Wood has steady public speaking schedule and growing audience.
- Each set of devotions begins with a "Thought for the Week" followed by daily readings, guided journal space, daily Scripture, and promptings to praise, ponder, present, and pray to God.

## ABOUT THE AUTHOR

**Cindi Wood** is a popular speaker and author helping women to creatively manage the stresses of life. With a degree in education from Gardner-Webb University, she previously taught middle school for sixteen years. Married with two grown children, Cindi lives in Kings Mountain, North Carolina.

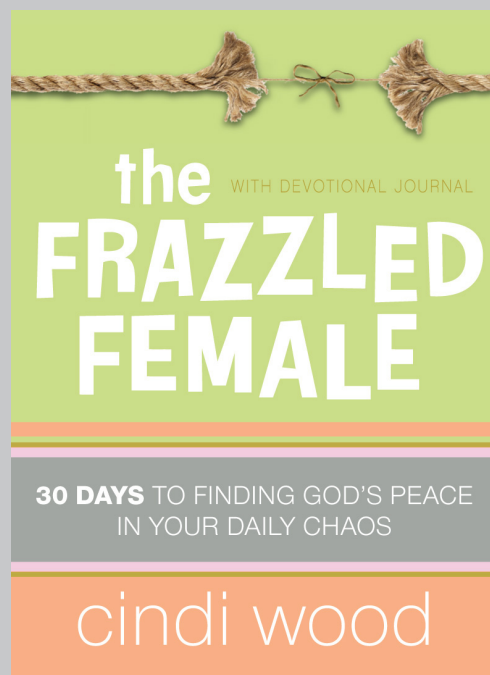
## UP SALES!

**Customers who buy this book will also buy:**

*Too Blessed for This Mess* - Cindi Wood, \$12.99  
ISBN-13: 978-0-8054-4632-6 ISBN-10: 0-8054-4632-X

*The Virtuous Woman* - Vicki Courtney, \$14.99  
ISBN-13: 978-0-8054-3054-7 ISBN-10: 0-8054-3054-7

[www.BHPublishingGroup.com](http://www.BHPublishingGroup.com)



**Release Date:** September 1, 2008  
**ISBN-13:** 978-0-8054-4743-9  
**ISBN-10:** 0-8054-4743-1  
**Retail Price:** \$14.99

**Format:** Padded hardcover with lay-flat binding and ribbon marker  
**Page Count:** 256  
**Trim Size:** 5 1/4 x 7 1/4  
**Spine Width:** 0.94"  
**Weight:** 0.5 lb  
**Carton Quantity:** 36

**BISAC:** REL012130 RELIGION/  
Christian Life/Women's Issues  
**ECPA Category:** Christian Living/  
Practical Life/Women  
**Rights:** Worldwide  
**Copyright Year:** 2006, 2008

**Author Hometown:** Kings Mountain, NC  
**Web Site:** [www.FrazzledFemale.com](http://www.FrazzledFemale.com)

**Based on the book:**  
*The Frazzled Female*, © 2006  
Jacketed hardcover edition  
0805440690, \$12.99  
Over **14,000** copies sold

