



**Bibleman: Dr. Fear's Almost Perfectly Disastrous Day**

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**REMEMBER**

The peace of God, which surpasses every thought, will guard your hearts and minds in Christ Jesus.  
– Philippians 4:7

**READ**

Read Isaiah 41:10. It tells us not to fear because God is with us. He strengthens us and helps us, no matter what fears we face. The next time you are scared, think of God's promise in this verse. He is bigger than any fear, and He can give you peace!

**THINK**

1. What are some things that scare you?
2. How can you find peace when fears come into your mind?
3. Can you find five Bible verses about peace? (Hint: start with Isaiah 26:3 and John 16:33)

*Peace is a gift from God!*