



Their Side of the Story: The Whale and Jonah

by Troy Schmidt, Illustrated by Cory Jones

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REMEMBER

“If you love Me, you will keep My commandments.” – John 14:15

READ

The book of Jonah contains one of the best stories of obedience in the Bible. Not only does it show you what happens when Jonah messes up; it also shows you how Jonah makes it right. We always have a choice whether or not to obey God. But the Bible shows us again and again that God’s way is always the best way for our lives.

THINK

1. Why did God send Jonah to Nineveh?
2. How did being inside the whale help to change Jonah’s mind?
3. What is one rule that you don’t like to follow?
4. What do you think is the reason for that rule?
5. What lesson can you learn from Jonah?

DO

Can you imagine being in a whale’s belly for three whole days?
Let’s pretend.

1. Get a sleeping bag or a blanket.
2. Climb inside. Make it totally dark if you can
3. Imagine what you would see, smell, and hear from inside the belly of a whale. Sway back and forth, feeling the waves rock you. Imagine how long three days would feel!
4. Now, talk to God. Are you having trouble with one of His rules? Tell Him.
5. Deposit these blessings into your Thank Bank. Keep adding as you think of more!
6. Listen. Think about what God is saying to you. You may just feel His answer inside. But He is listening. He is answering.

Whenever you feel like you’ve messed up, whenever you feel like you’re far away from God and His love, remember Jonah’s words, spoken from the belly of a whale:

“I called to the LORD in my distress, and He answered me.” – Jonah 2:2