REMEMBER
Always remember that “in Christ you have been brought to fullness” to help you face the challenges of this world. With your faith and your identity placed firmly in Christ, together you can defeat whatever giants may come your way.

READ
The story of David and Goliath (1 Samuel 17) isn’t just about a boy defeating a giant. It’s about a young man who is confident in God, in his identity as a child of God. When Goliath mocks God and His people, experienced warriors all run and hide from the Philistine giant. But when David hears the giant’s insults, he can’t believe that God’s people are doing nothing. He marches right out there and battles that giant, knowing that the battle is the Lord’s and the full strength of the Almighty God is within him.

THINK
1. Look back at David’s conversation with King Saul (1 Samuel 17:34–37). How had God prepared David to fight the giant?
2. Notice how David fought the giant. He didn’t use the king’s armor to protect him. What did he use?
3. What are some of the giants you face today?
4. David fought the giant using his skills, his gifts, and his faith. How has God uniquely prepared you to fight the giants before you?

DO
1. Draw an outline of yourself. Now, draw or write the things that Christ fills you up with. How are you brought to fullness in Christ?

FOR IN CHRIST ALL THE FULLNESS OF THE DEITY LIVES IN BODILY FORM, AND IN CHRIST YOU HAVE BEEN BROUGHT TO FULLNESS. —COLOSSIANS 2:9–10 NIV