



SCARLETT'S SPECTACLES

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REMEMBER

Give thanks in everything; for this is God's will for you in Christ Jesus.—1 Thessalonians 5:18 (CSB)

READ

Psalm 107:1. This verse reminds us to give thanks to God. It's easy to be thankful when everything in our lives seems good. But did you know that we can always be thankful because God is *always* good?

Even if we have to do hard things, our good God will use those hard things to help us grow. Even if we don't get everything we want, God gives us so many other things to enjoy. And even if we get in trouble for something, God is good and uses those lessons to protect us as we grow.

God is good, and His love never runs out. So we can always find a reason to be thankful!

THINK

1. What did Scarlett discover about God?
2. Because God is always good and kind, what will always be true about our circumstances?
3. Scarlett learned that the same things that made her sad could also make her happy if she changed the way she looked at them. Imagine you are looking at these circumstances in the list below through your Glad Glasses. What can you find to be thankful for?
 - You have to clean your room before you get screen time.
 - Your teacher gave you homework.
 - You have to eat healthy food that you don't like as much as junk food.
 - You have to move to a new city or a new school.
 - The kids you want to be friends with aren't including you.
4. Whether we are adults or kids, we can't always change our circumstances. But what can we change?
5. Make a list of five of God's good gifts. Now say a prayer to thank Him for those blessings!