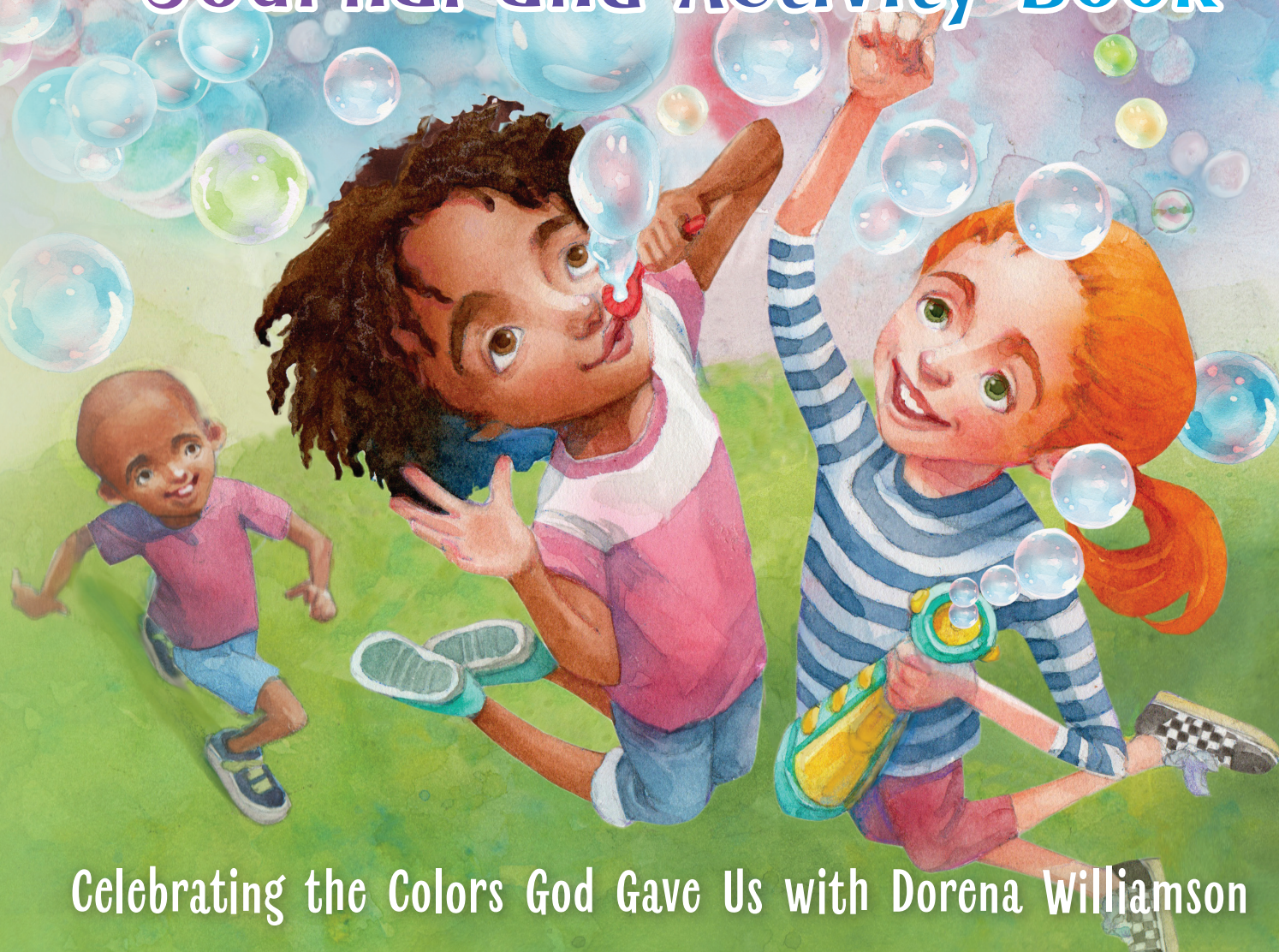
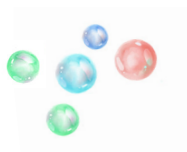


ColorFull

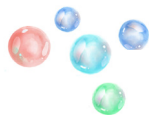
Journal and Activity Book



Celebrating the Colors God Gave Us with Dorena Williamson



Dear Parents and Leaders



I wrote *ColorFull* as a creative way to replace colorblindness with a FULL celebration of the colors God made, especially the diverse colors of our skin. What a joy to see kids and parents around the world resonate with this book!

We are living in an unprecedented season of racial awakening. Many of you have asked for more tools to plant seeds in the hearts of children. I saw the opportunity to build on the message of *ColorFull* with an additional resource that will help children find their place in God's diverse kingdom and glorify God by bearing much fruit.

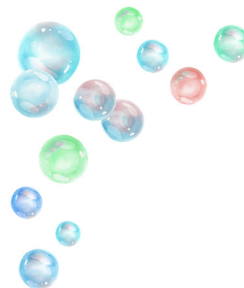
This journal is a fun way for ALL children to continue celebrating racial diversity as they explore what it means to love God and serve our neighbors. As kids add their own words and art, I pray they will understand that God's call to show justice, mercy, and humility is not just for us grownups but also for them.

A Special Note to My Younger Friends

Have fun creating your very own *ColorFull* journal. Use different colored pencils, pens, and markers—the more colors, the better!

I hope you remember just how much God loves you and all the big and small ways you can share His love with others!

—Dorena



Dear God,

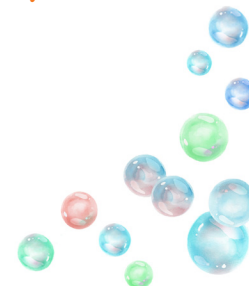
Thank You for creating with such amazing colors. I can see that every single person is made in Your image!

Sometimes I miss seeing the value in other people because of my own selfishness. God, please help my heart to keep growing and loving people just like You do.

Help me live to do the good work of justice, to love mercy, and to walk humbly with You. If I can serve, let me do it with joy. If I need help, let me receive with a thankful heart.

You are so good, God! Help me to love You with all my heart, my soul, and my strength, and to love my neighbor as I love myself.

With a heart FULL of love, I pray in Jesus' name, Amen.



Day 1

Made Like My Creator!

*So God created man in His own image;
he created him in the image of God;
he created them male and female.
—Genesis 1:27*

Reflect:

In the verse above, circle the words *created* and *image* each time they appear.

Why do you think it's important to remember that God created all people?

What is another word for *image*?

What do you think it means to be created in God's *image*?

**Jesus, teach us to
see You in every
single person. Teach
us to love people
well because of our
love for You. Amen.**



Ask Yourself:

Do boys reflect God's image better than girls? Do tall, strong people reflect God's image better than people with disabilities? Do light-skinned people reflect God's image better than dark-skinned people?

Write or draw your thoughts below:

Let's Go!

Go to the park and spend the day noticing all the colors of creation, including the colors of everyone's skin. Praise God for making His creation so diverse. Thank Him for making people a very special part of His creation—His image-bearers!

Day 2

Loving God and Others!

Love the Lord your God with all your heart, with all your soul, with all your mind, and with all your strength. The second is, Love your neighbor as yourself. There is no other command greater than these.—Mark 12:30–32

Reflect:

In the verse above, underline all of the things we're supposed to love God with. That's a lot of things! What's another way you could summarize this command about loving God?



Father, so often we love ourselves the most—more than You or others. Change our hearts so that we love You most and then turn around and love others as much as we love ourselves. Amen.

Ask Yourself:

Now think about loving your neighbor as yourself. What are some ways you love yourself? How do you take care of yourself? How do you protect yourself? How might you take care of or protect others—especially those who don't look like you?

Write or draw your thoughts below:

Let's Go!

Go to a part of town where the majority of people don't look like you. Walk around the neighborhood. Play at the park. Eat at one of the local restaurants. Worship God for how He made people different. Ask God to grow your love for people who are different from you.

Day 3

How We Walk with God

Mankind, he has told each of you what is good and what it is the LORD requires of you: to act justly, to love faithfulness, and to walk humbly with your God.—Micah 6:8

Reflect:

Look up the word *just*. What does it mean? What word means the opposite? (*Justice* is seeing needs in the world and doing something about them.)

Look up the word *faithfulness*. What does it mean? What word means the opposite? (*Faithfulness* is being full of faith in God. It's doing what God asks of you because you believe He will keep His promises.)

Look up the word *humility*. What does it mean? What word means the opposite? (*Humility* is knowing your place in the world—below God and beside others.)

How is God asking you to show *justice*, *faithfulness*, or *humility* this week?



Jesus, help us be people who are full of faith and who love others as much as ourselves. Forgive us when we act in ways opposite to this. Amen.

Ask Yourself:

Do you want to walk with God? Sometimes when you walk with God, He will ask you to go places you might not want to because He wants you to be a person of justice, faithfulness, and humility. Do you want to do go wherever God leads?

Write or draw your thoughts below:

Let's Go!

Is there a need in your community that your family can help fill? Research people or groups who are already doing something about it, and join in with them.

Day 4

The Fruit of Repentance

Therefore produce fruit consistent with repentance. . . . "What then should we do?" the crowds were asking him. He replied to them, "The one who has two shirts must share with someone who has none, and the one who has food must do the same." Tax collectors also . . . asked him, "Teacher, what should we do?" He told them, "Don't collect any more than what you have been authorized." Some soldiers also questioned him, "What should we do?" He said to them, "Don't take money from anyone by force or false accusation, and be satisfied with your wages." —Luke 3:8, 11–15

Reflect:

Repentance is turning away from sin and turning toward God. The people asked John, "What must we do to repent?" John gave three different answers. What were they?

What do the answers have in common?

How does our repentance impact how we treat others?



Jesus, teach us to not take advantage of other people, but to be generous instead. Help us repent of sin and love others more! Amen.

Ask Yourself:

Are there certain people you tend to treat better than others? Maybe your friends? Maybe the popular kids? Maybe people who look, talk, or act like you? If anyone comes to mind who you tend to treat worse, repent of this. Ask God to uproot that sin from your heart and plant seeds of love, generosity, and more there instead.

Write or draw your thoughts below:

Let's Go!

Spend some time in your yard or a public park this week uprooting weeds. Talk about why it's important to uproot sin in your heart through repentance. Do you need to repent for anything specific today, especially when it comes to how you treat other people?

Day 5

Giving and Receiving!

*Little children, let us not love in word
or speech, but in action and in truth.
—1 John 3:18*

Reflect:

Does the verse above mean we should never say we love people? Not at all. Instead, the Bible is pointing out that if we only love people through our words, our love is incomplete.

Has someone ever said they loved you and then turned around and hurt you? Or did they say they cared and then ignored you? How did that make you feel?



**Jesus, help us learn how to love with our words
and our actions. Help us learn to both
give and receive love in action. Amen.**

Ask Yourself:

True love is about giving *and* receiving love. Is there someone who looks (or speaks or acts) differently from you who you need to show love to through action? Or is there someone who looks (or speaks or acts) differently from you whose love you need to gladly receive?

Write or draw your thoughts below:

Let's Go!

Pick three people you love. Think about how they are different from you (age, skin color, gender, etc.) and thank God for making them the way He did. Then do something special to show them how much you love them.

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ColorFull!

"Wow, look at my bubble!" said Christopher.
"It's full of swirly colors!"

"I've got colors floating on mine too!"
Kayla added.

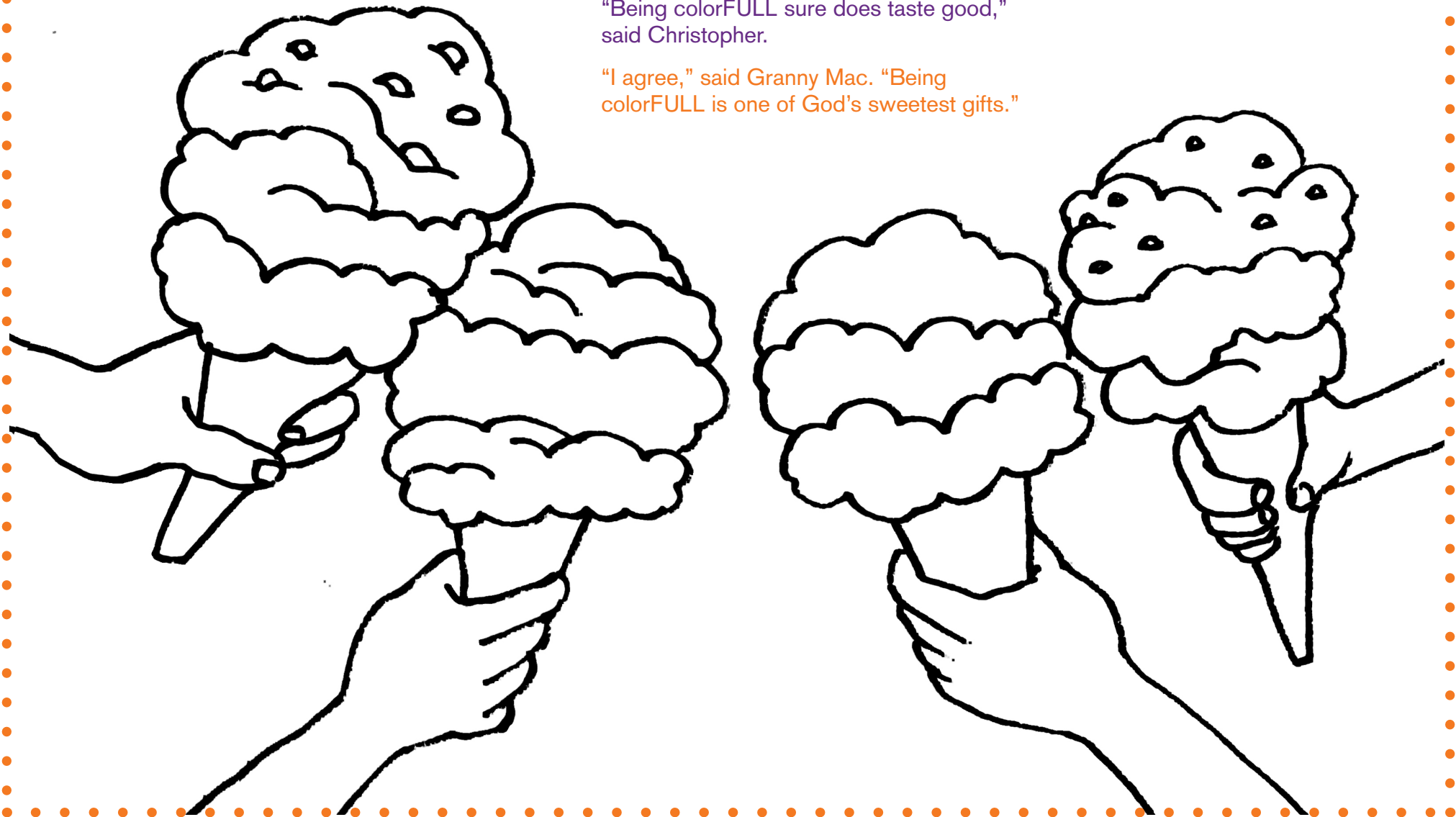
"I never knew bubbles
could have so many
colors!" said Imani.



ColorFULL

"Being colorFULL sure does taste good,"
said Christopher.

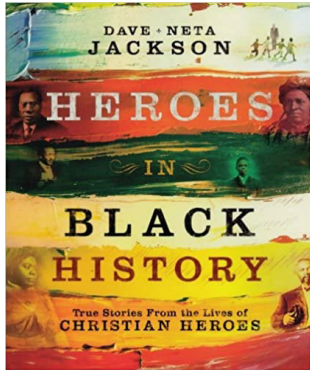
"I agree," said Granny Mac. "Being
colorFULL is one of God's sweetest gifts."



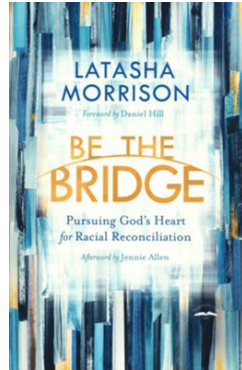
Dorena Recommends:

For further study, check out Dorena's full list here:
<https://www.dorenawilliamson.com/resources-for-growing-in-racial-awareness>

Further reading for adults



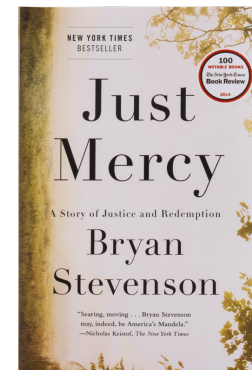
<https://www.amazon.com/Heroes-Black-History-Stories-Christian/dp/0764205560>



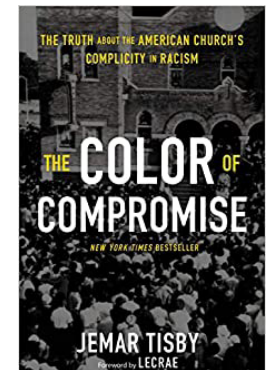
<https://www.lifeway.com/en/product/be-the-bridge-P008009573>



<https://www.amazon.com/Beyond-Colorblind-Redeeming-Ethnic-Journey/dp/0830845151>

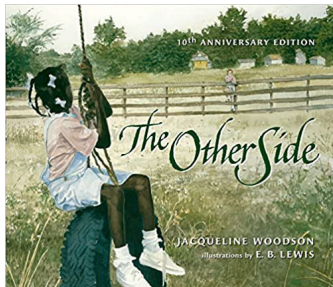


https://www.amazon.com/Just-Mercy-Story-Justice-Redemption/dp/081298496X/ref=sr_1_2?dchild=1&keywords=just+mercy&qid=1593196714&s=books&sr=1-2

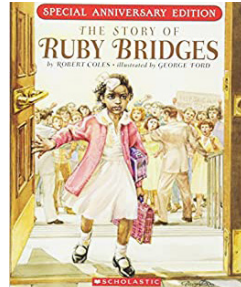


<https://www.lifeway.com/en/product/the-color-of-compromise-P008012389>

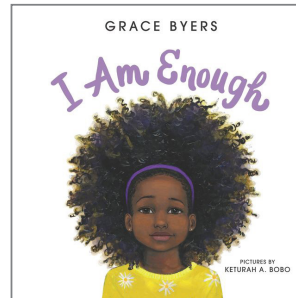
Further reading for Kids



https://www.amazon.com/Other-Side-Jacqueline-Woodson/dp/0399231161/ref=sr_1_1?dchild=1&keywords=the+other+side&qid=1593196824&s=books&sr=1-1



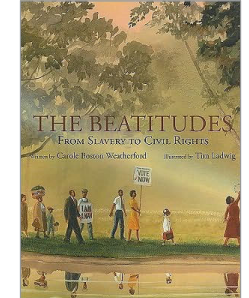
https://www.amazon.com/Story-Ruby-Bridges-Special-Anniversary/dp/0439472261/ref=sr_1_3?dchild=1&keywords=ruby+bridges&qid=1593196849&s=books&sr=1-3



https://www.amazon.com/I-Am-Enough-Grace-Byers/dp/0062667122/ref=sr_1_2?dchild=1&keywords=i+am+enough&qid=1593196825&s=books&sr=1-2



https://www.amazon.com/Blue-White-Stars-Sarvinder-Naberhaus/dp/0803737009/ref=sr_1_1?dchild=1&keywords=blue+sky+white+stars&qid=1593196768&s=books&sr=1-1



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Movies

(ratings vary from PG to mature)



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