



INTERNATIONAL MISSIONS MENTORSHIP DISCUSSION GUIDE

A common question I hear is how can the local church support and mentor women going overseas when they do not have anyone in their congregation who has served as a missionary?

I believe that any woman who is faithfully walking with God, reading her Bible, praying, attending, and serving in the local church has been given all she needs to mentor younger women heading to the field. The patterns set in the everyday life of aspiring missionaries at home are the ones they will carry with them to the field. These normal practices of walking with the Lord are what sustains them in a new and often stressful environment. The heart behind these questions is not meant to be legalistic. It's the Holy Spirit's work to sanctify believers. *However, these questions are meant to be prompts and reminders of habits that are needed to sustain a life-long relationship with the Lord.* Listed below are extra dig-deep questions that can serve as launch pads into meaningful conversations for women in the church mentoring women headed to the field.

BIBLE READING

- ✦ What does your daily time in God's Word look like? What are you reading now? What has the Spirit been convicting you of as you have spent time in the Word?
- ✦ What has encouraged you as you have seen God working through the stories and commands of Scripture?
- ✦ What has Bible study looked like vs daily Bible reading?
- ✦ Are there passages of Scripture you have committed to memory in preparation for leaving?
- ✦ If consistent time in the Word has been lacking, what changes need to be made in your life to prioritize it?

PRAYER

- ✦ When do you pray? Is prayer silent, do you journal, do you pray out loud?
- ✦ What does confession look like?
- ✦ Have you had seasons of your life where prayer has not been present or severely lacking? How have you overcome those seasons?
- ✦ Has fasting been a part of your life? What has that looked like?
- ✦ What Scripture has sustained you when you have prayed, yet had to wait on the Lord?

SIN

- In the past, where have you seen the Lord set you free from patterns of sin? Where has struggle with sin remained?
- What situations lure your mind away and entice you toward old sins? What protections have you put up or do you need to put up to guard from future falls?
- What does your internet/social media life look like? How much time do you spend scrolling per day? Do you plan to have social media overseas and what limits will you put on it?
- Have you looked at pornography? If pornography has been a struggle, what guardrails are you going to put in place to make sure you do not search for it?
- Have you been in a relationship with someone who is not your spouse that needs to be confessed? Do you struggle with imagining yourself in a different marriage or life stage?
- If you have wrestled with sin in the past and have been walking in freedom, how do you continually remind yourself that you are a new creation in Christ?

CHURCH MEMBERSHIP

- When did you become a member of this church and what did your decision-making process look like as you explored membership?
- What do you see church membership and church life look like overseas?
- In what ways have you served the local church and how do you see that training you for overseas work?
- What does evangelism for you currently look like? How can I pray for you in that area?
- What has it looked like for you to be discipled by people in your local church and how have you done that for others?

MARRIAGE

- What are ways that you and your spouse communicate well? What habits have you put into your life to make sure that you agree with things like schedules, parenting, work, and relationship with one another?
- What are things you and your spouse do together for fun? How can you continue those things when you move?
- What does your prayer life look like together or for each other?
- Where have you seen struggle in your marriage? Communication, Sex, Kids, Time management?
- Have you and your spouse ever worked (a job) closely together? How do you think you will do in the transition to doing this consistently?

FRIENDSHIP AND ACCOUNTABILITY

- Do you have someone in your life that you are regularly meeting with, confessing sin, and praying with? Will that person continue to do this when you move overseas?
- If you are single, are you going to serve with another person? How well do you know him or her? If you are going to serve with a team – how does the team relate to one another?
- What accountability questions do you need me (as the mentor) to continue to ask you while on the field?