10 Women Who Changed the World

Discussion Guide

CHAPTER 1: Sarah Hall Boardman Judson (Psalm 138)

- 1. Read aloud Psalm 138. Give examples from Sarah Hall Boardman Judson's life that reflect the psalm.
- 2. Consider the many challenges and obstacles Sarah experienced in her work and personal life. Give examples of how her faith in God strengthened her to carry on. Discuss the impact reading this has on your faith.
- 3. What three words would you use to describe Sarah Hall Boardman Judson, her life, and her faith?

CHAPTER 2: Eleanor Chesnut (John 13:34–35)

- 1. The author writes, "Finding our way to loving others like Jesus loves us is a difficult path, especially for those God has called to travel a difficult and painful road." Give examples from Eleanor's life that prove this point.
- 2. Read aloud John 13:1-35. Highlight ways that Eleanor's experience reflected Scripture and her love for others and Jesus.
- 3. How do you respond to Eleanor's last act of sacrifice and love? How does Eleanor Chesnut encourage, convict, or challenge you?

CHAPTER 3: Ann Hasseltine Judson (Psalm 142)

- 1. How do you see Ann Judson's life compared to Psalm 142, a psalm of lament? How does Ann's life compare to David's? Give a few examples.
- 2. Discuss the brevity of Ann's life. How does her early death convict you in your spiritual journey?
- 3. Name three aspects of Ann Judson's life and work that encourage or challenge you.



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CHAPTER 4: Harriet Newell (Psalm 116)

- 1. Read aloud Psalm 116. Discuss how Harriet's life demonstrates the truths of the psalm. What aspects of Harriet's life are most meaningful to you?
- 2. How does Harriet's death illustrate the verse, "Precious in the sight of the Lord is the death of his saints"? How does her dying challenge you?
- 3. What do you think of the legacy Harriet left? Why do so many people resonate with her story?

CHAPTER 5: Darlene Deibler Rose (Psalm 27)

- 1. When Darlene "pledged as a ten-year-old that she would follow Jesus anywhere regardless of the cost," how did that pledge play out in her life?
- 2. How did prayer, Scripture, and song sustain Darlene during times of suffering? How does Darlene's example challenge you?
- 3. Discuss how the stories about the bananas and Mr. Yamaji's conversion affected you. What did you learn new about God? About yourself?

CHAPTER 6: Betsey Stockton (1 Corinthians 7:17-24)

- 1. Read aloud 1 Corinthians 7:17-24. Describe Betsey's "call." What is your "call"?
- 2. Why is it significant that Betsey was the first unmarried, black, former slave female to become a missionary?
- 3. Discuss the inscription on Betsey's gravestone. How does her life encourage you?

CHAPTER 7: Bertha Smith (Galatians 2:20)

- 1. Discuss Bertha Smith's nickname, "Woman of Revival." Define revival. Highlight aspects of her character and give a few examples from her life that earned her this nickname.
- 2. How did Bertha unite with Christ in his death and crucifixion? In his life and resurrection?
- 3. Bertha enjoyed decades of missionary service and a long life. What stands out to you most about her life and faith?



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CHAPTER 8: Charlotte Atlee White Rowe (1 Corinthians 9:19, 22–23)

- 1. Discuss how Charlotte is a great example of having a servant's heart. How does her life encourage you?
- 2. Why was Charlotte's application to be appointed a missionary controversial?
- 3. Read and discuss how the three highlighted verses in the chapter (1 Corinthians 9:19, 22-23) apply to Charlotte's life. How do they apply to your life?

CHAPTER 9: Yvette Aarons (Proverbs 3:5-8)

- 1. Reflect on Yvette's childhood and how she came to know God and accept Christ. How does God speak to you through her remarkable experience? How does the Holy Spirit challenge your beliefs about salvation?
- 2. What made Yvette a trailblazer in mission work? Why was her work with the deaf so important?
- 3. Answer the question at the end of the chapter: "What bridge is God calling you to cross that the gospel might go forth among the nations?"

CHAPTER 10: Lilias Trotter (2 Corinthians 12:7–10)

- 1. Read aloud 2 Corinthians 12:7-10. How do you see God's power being made perfect in weakness in your life?
- 2. How did Lily see God's purpose, seek God in prayer, submit to God's plan, and speak of God's power?
- 3. The author writes, "When we empty ourselves of self, God can then fill us with himself. However, this supernatural filling may not look like you would think." Give a few examples of how this filling looked in Lily's life. Discuss how this filling looks in your life.

