

# **B L I N D F A I T H**

---

*Discussion Guide*

**C H A D R O B E R T S**

# CHAPTER 1

---

## *Seeing God in the Deep Shadows*

### **Main Scripture**

*Micah 7:8*

### **Additional Scriptures**

*Psalm 139:11–12; John 1:5; 2 Corinthians 4:6*

Blindness is not a future anyone imagines for themselves, yet life can shift in an instant. This book opens with the reality of sudden loss and the fear, uncertainty, and disorientation that follow. It invites you to consider how drastically life would change if everything familiar went dark, and what it would feel like to navigate your days without the ability to see.

What initially seems like the most terrifying season becomes a doorway into a new perspective. Micah 7:8 declares, “When I sit in darkness, the Lord will be a light to me,” and that promise becomes the heartbeat of this chapter. You are invited to recognize your own trials, not as random or pointless, but as places where God meets you with purpose, presence, and light. This chapter sets the tone for the entire journey ahead: the events of life are not accidental. They are appointed by God, and even in the deepest shadows, His light is steady and sure.

### **Discussion:**

1. When you imagine “sitting in darkness,” what emotions or fears come to mind? How does Micah 7:8 speak into those places?
2. How does your perspective change when you view suffering as appointed rather than accidental?
3. What are some of the deep shadows in your life right now, and how have you seen God’s light break through them?
4. How does a major life change force someone to depend on God differently? How have your trials done the same?
5. What do you think it means to see your suffering through God’s perspective? How does that perspective differ from your own?

### **Prayer:**

Lord, You see the places where I feel overwhelmed by the dark. Be my light today. Help me notice Your presence even when I cannot feel it. Shine into the corners of my life and guide me forward. Amen.

# CHAPTER 2

---

## *The King's Prison: When Life Isn't Fair*

### **Main Scripture**

*Genesis 39:20–21*

### **Additional Scriptures**

*Genesis 50:20; Psalm 105:18–19; Romans 8:28*

It is one thing when life isn't fair, but what about the moments when it feels as though God Himself is unfair? Joseph understood this well. He wasn't placed in an ordinary prison. He was confined to "the king's prison" (Genesis 39:20), a place where the circumstances were completely outside of his control. The king's prison represents any season where you find yourself trapped in something you never asked for and cannot change.

Many people have their own version of this prison, unexpected hardship, unwanted suffering, or situations that feel painfully undeserved. Yet even there, God is not absent. In this chapter, you will learn how to respond when life feels unfair and how to recognize the quiet but powerful hand of God's providence. Like Joseph, you may not see it in the moment, but God is at work in every setback and orchestrating every detail for your good.

### **Discussion:**

1. Where in your life do you feel like you are in a "king's prison," a place you didn't choose and cannot change?
2. How does Joseph's story challenge your assumptions about fairness and suffering?
3. Genesis 39:21 says, "But the Lord was with Joseph." What evidence do you see of God being with you in unfair seasons?
4. How does Romans 8:28 reshape your understanding of God's providence during setbacks you never wanted?
5. Why do you think God sometimes allows circumstances that feel unfair or undeserved?
6. Looking back on your life, can you identify a time when God was orchestrating details behind the scenes even when you couldn't see it?

### **Prayer:**

Father, when life feels unfair, help me remember that You are with me. Give me strength, faith, and patience. Teach me to trust Your purpose even when I cannot see it. Amen.

# CHAPTER 3

---

## *Where Is God in Times of Uncertainty?*

### **Main Scripture**

*Job 23:8–10*

### **Additional Scriptures**

*Psalm 13:1–2; Isaiah 43:2; 2 Corinthians 4:17*

It can be deeply discouraging when you cannot make sense of what God is doing. Job understood this feeling well. He wrote, “Behold, I go forward, but he is not there, and backward, but I do not perceive him... I do not see him” (Job 23:8–9). Like Job, you may face moments when God feels absent or silent, especially in seasons of affliction.

Yet even when you cannot sense God, He absolutely sees you. Job eventually declared, “But he knows the way that I take; when he has tried me, I shall come out as gold” (Job 23:10). God is fully aware of the path you are on and is more than able to guide you through it.

In this chapter, you will explore the imagery of the refiner’s fire and discover how God uses seasons of suffering to purify, strengthen, and transform you. Those who endure these refining moments with faith will emerge like pure gold.

### **Discussion:**

1. Can you relate to Job’s feeling that he could not perceive or sense God? When have you felt this most strongly?
2. How does it comfort you to know that even when you can’t see God, He sees you?
3. “When He has tried me, I shall come out as gold.” What does this teach you about the purpose of suffering?
4. How have you seen God use uncertainty to refine your faith rather than weaken it?
5. What do you tend to do when you cannot understand what God is allowing; withdraw, question, trust, or something else?
6. What would it look like for you to trust God in a present area of uncertainty?

### **Prayer:**

Lord, even when I cannot feel You or understand what You’re doing, I choose to trust You. Refine me. Strengthen me. Guide me through this uncertainty. Amen.

# CHAPTER 4

---

## *Holy Ground*

### **Main Scripture**

*Exodus 3:5*

### **Additional Scriptures**

*Hebrews 11:25; Psalm 16:11; Isaiah 57:15*

Moses, like so many of us, tried to run from his problems. When he found himself on the back side of the desert, nothing about that season felt holy. Moses felt like a failure, weighed down by his past and the consequences of his choices, yet the day the Lord called his name from the burning bush changed everything.

Hebrews 11:25 tells us that Moses chose to suffer with the people of God rather than enjoy the temporary pleasures of Egypt. In this chapter, you will discover how to encounter God in a way that transforms you from the inside out. You will learn how to move beyond your past, lay down regrets, and step into the fullness of God's presence.

Just as God met Moses in an unexpected place, you will see how His presence can meet you in the hard and ordinary moments of your own life. What once felt barren or broken can become holy ground when God steps into it.

### **Discussion:**

1. Moses ran from his past. What part of your past have you tried to outrun, hide, or avoid?
2. What "desert places" in your life do not feel like holy ground right now?
3. How does God's presence change the meaning of ordinary or painful places?
4. What does a "burning bush experience" look like in your life today?
5. What are some of the regrets or mistakes that still shape how you see yourself?  
How does God speak into those?
6. When have you sensed God calling your name in the middle of a place you didn't want to be?

### **Prayer:**

Lord, show me where You are standing in my ordinary and painful places. Turn my desert into holy ground. Help me hear Your voice and follow Your presence. Amen.

# CHAPTER 5

---

## *Hold the Line: The Battle Is the Lord's*

### **Main Scripture**

*2 Chronicles 20:17*

### **Additional Scriptures**

*Exodus 14:14; Psalm 46:10; Ephesians 6:13*

Many of us face battles that feel completely overwhelming. King Jehoshaphat in 2 Chronicles 20 understood that feeling well. Scripture says he faced an army so large it was impossible to number. The situation seemed hopeless. Yet instead of placing the strongest warriors on the front lines, God gave a surprising command: put the singers out front and worship the Lord. His instruction was simple. Hold the line.

In this chapter, you will discover how worship becomes your greatest weapon in the battles of life. Just as God “ambushed the enemy” when His people lifted their voices in praise, you will see how God still fights on behalf of His people today. The battle does not belong to you. It belongs to the Lord. Your calling is to stand firm, hold your position, and anchor yourself in steady faith. Even when the enemy plots against you, if you obey God’s voice, remain in your place, and worship Him, God Himself will move, intervene, and bring victory into your life.

### **Discussion:**

1. What is a current situation where you feel the army in front of you is too big?
2. Why do you think God asked the Israelites to put the singers on the front lines? What does that teach you about worship?
3. When has worship been a weapon for you in a spiritual battle?
4. How does remembering that the battle is the Lord’s change how you respond to spiritual attack or overwhelming pressures?
5. Where do you need to stand firm and resist the urge to fix or run?

### **Prayer:**

Lord, help me stand firm when I want to run or fix everything myself. I trust that You are fighting for me. Strengthen my faith and steady my steps. Amen.

# CHAPTER 6

---

## *Delays Are Not Denials: How to Wait on God*

### **Main Scripture**

*Psalm 25:5*

### **Additional Scriptures**

*Isaiah 40:31; Lamentations 3:25–26; Psalm 130:5–6*

Waiting on God can be one of the most frustrating parts of the Christian life. Even when faith is strong, the heart can still wrestle with delays, silence, or slow answers. This chapter shows that while not everyone is willing to wait on the Lord, those who do discover deep treasures of truth in the process. So often our frustration comes from waiting for outcomes, rather than waiting on God Himself. Psalm 25:5 captures the shift we must make, learning to say, “For You I wait all the day long,” not out of resignation but delight, because God Himself is worth waiting on.

Isaiah 40:31 teaches us to wait for the Lord, not for results. In these pages, you will discover a contentment that only comes through surrendered waiting. Delays are not denials; they are often the very places where God does His best work. You will also see why seasons of waiting are never wasted time. Biblically, waiting is closely connected to serving, an unexpected key to finding joy while trusting God through seasons of suffering.

This chapter also explores the eagle’s molting process and how God uses the valleys of life to renew our strength. For those who wait on the Lord, the promise remains. You will mount up with wings like eagles. Even if you find yourself in a deep valley, you will come soaring out of your valley.

### **Discussion:**

1. What emotions rise in you when you are waiting: fear, frustration, doubt, impatience? Why?
2. How does waiting for God differ from waiting for an outcome?
3. What treasures has God shown you only through seasons of waiting?
4. Isaiah 40:31 describes renewed strength. When have you experienced that renewal after a long period of waiting?
5. How does seeing waiting as serving change the way you think about this season?
6. Where in your life do you feel stuck, and how might God be working in ways you cannot yet see?
7. What would it look like for you to wait with joy rather than anxiety?

### **Prayer:**

Lord, teach me to wait on You with trust, not anxiety. Bind my heart to Yours. Renew my strength and anchor my hope in Your presence. Amen.

# CHAPTER 7

---

## *Risky Faith: But If Not*

### **Main Scripture**

*Daniel 3:18*

### **Additional Scriptures**

*Isaiah 43:2; Hebrews 11:34; 1 Peter 1:6–7*

When the three Hebrew children faced King Nebuchadnezzar, they made one of the boldest declarations of faith recorded in Scripture, “But if not...we will not serve your gods” (Daniel 3:18). Their story speaks to anyone who feels they do not deserve the fiery trials they are walking through, the moments when you’ve tried your best to honor God, yet the heat only intensifies.

It would seem logical that God would have delivered Shadrach, Meshach, and Abednego before the fire touched them, but He didn’t. Their deliverance came in the fire, not from it, and it brought God greater glory. The same is true in your life. You may have to walk through flames you never expected, but God promises you will not be burned (Isaiah 43:2).

As you study this chapter, profound insights begin to unfold. The strong soldiers who threw the three Hebrews into the furnace died from the heat, yet God preserved the young men. What destroyed others could not destroy them, and what others cannot handle, you can, by the sustaining grace of God. The furnace is not random; it is appointed. Even when the enemy turns the heat up seven times hotter, God remains fully in control, and just as there was a fourth man in the fire, Christ Himself walks with you. The hotter the flame, the sweeter the fellowship becomes with the Lord.

### **Discussion:**

1. In what area of life do you need a “but if not” faith, a willingness to trust God even if He doesn’t do what you hope?
2. Why do you think God allowed the three Hebrew children to go into the fire rather than rescuing them beforehand?
3. What trial has God appointed you to walk through, and how has He equipped you to withstand it?
4. Where do you feel the heat of the enemy turning the furnace up right now?
5. When have you experienced sweet fellowship with God in the middle of something painful?
6. How does knowing the Fourth Man is with you change how you face your fire?

### **Prayer:**

Lord, give me bold, risky faith. Help me trust You even when the fire gets hot. Walk with me, strengthen me, and refine me. Amen.

# CHAPTER 8

---

## *Embarrassed by Jesus*

### **Main Scripture**

*Mark 3:5*

### **Additional Scriptures**

*Psalm 34:18; 2 Corinthians 12:9; Isaiah 61:1–3*

When disability appears in the Scriptures, it reveals a surprising amount about the human experience. Consider the man with the withered hand in Mark 3. We are not told his name, only his limitation. For many, the most difficult part of weakness is the embarrassment that accompanies it. Imagine walking into a room and feeling every eye on you. Imagine the fear of dropping something or stumbling, knowing people are watching. Embarrassment has a way of settling deep.

When Jesus called this man to step forward in front of the entire synagogue, the moment must have been overwhelming, and when the Lord asked him to stretch out the very hand he had worked so hard to hide, the vulnerability would have been intense. Yet this is often how God works. He brings us into uncomfortable places that expose what we would rather keep tucked away. Not to shame us, but to heal us.

Just as Jesus restored the man with the withered hand, He meets you in your weaknesses. He uncovers what has been hidden so He can make you whole. As you walk through this chapter, you will see the compassion and trustworthiness of Jesus, who invites you to bring your most vulnerable places into His light.

### **Discussion:**

1. What weaknesses or vulnerabilities do you try to keep hidden from others?
2. How can embarrassment or exposure become a pathway to healing?
3. Why do you think Jesus often calls people forward publicly before healing them?
4. When have you felt on display in a way that made you uncomfortable? How did God meet you there?
5. What part of your life is Jesus asking you to “stretch forth” to Him?
6. How does seeing Jesus’s compassion in this story encourage you to trust Him with your most fragile places?
7. What healing or restoration do you sense the Lord wanting to bring into an area you’ve been afraid to expose?

### **Prayer:**

Jesus, here is my weakness. Here is what I’ve tried to hide. I trust You with the most vulnerable parts of me. Heal me, restore me, and make me whole. Amen.

# CHAPTER 9

---

## *A Holy Heist: Answered Prayers We Don't Believe*

### **Main Scripture**

*Acts 12:16*

### **Additional Scriptures**

*James 5:16; Isaiah 55:8–9; Psalm 115:3*

Although the early church prayed earnestly for Peter's release, they never expected God to answer in the way He did. When Peter arrived at the door, still knocking after his miraculous escape, the believers struggled to accept that their prayers had actually been answered. We face that same danger of unbelief.

Acts 12 raises honest questions. Why was James killed while Peter was rescued? Why are some believers spared from tragedy while others are not? If we pray in faith yet nothing changes, what are we supposed to think? This chapter helps you wrestle through these tensions and recognize the wisdom of God's sovereignty. As you reflect on this story, you will gain a deeper understanding of how God responds to prayer and how to trust Him even when His answers look different than what you expected.

### **Discussion:**

1. When has God answered a prayer in a way that surprised you or looked different than you expected?
2. Why do you think the believers prayed for Peter but didn't believe it could really happen?
3. What does this story teach you about your own expectations in prayer?
4. How do you reconcile situations where God answers some prayers "yes" and others "no"?
5. Where in your life do you struggle with unbelief even as you pray?

### **Prayer:**

Lord, open my eyes to recognize Your answers. Help me trust Your wisdom even when I don't understand. Align my heart with Yours. Amen.

# CHAPTER 10

---

## *Shipwrecked: The Storm of Your Life*

### **Main Scripture**

*Acts 27:41*

### **Additional Scriptures**

*2 Corinthians 12:9–10; Psalm 46:1–3; Isaiah 41:10*

Paul had a unique perspective on suffering. He wrote that he was given a thorn in the flesh, something he came to see as a gift because it kept him anchored to the grace of God. Sustained by that grace, Paul could face any calamity or hardship that came his way. As you walk through Acts 27, you will see how Paul endured a storm that ultimately shipwrecked the ship but not his faith. The storms you face may be natural hardships or the kind specifically designed to shake your confidence in God. Yet the principles found in Paul's experience reveal how you can stand firm when Satan attempts to shipwreck your faith. Like Paul, you will be able to say with confidence, "The Lord stood by me and strengthened me."

### **Discussion:**

1. What storm are you currently navigating, and what makes it feel overwhelming?
2. How have you seen God stand by you, even when everything familiar was falling apart?
3. What can Paul's shipwreck story teach you about staying anchored to God in crisis?
4. How has God used past storms to strengthen you for new ones?
5. Where do you need to say, "God's grace is enough for me" as Paul did in 2 Corinthians 12?
6. What would it look like to trust God deeply in the middle of this storm, not just after it passes?

### **Prayer:**

Lord, even when everything familiar falls apart, hold me steady. Remind me that You are my anchor. Strengthen my heart and guide me through this storm. Amen.

# CHAPTER 11

---

## *Drinking from the Cup of Suffering*

### **Main Scripture**

*1 Peter 2:21*

### **Additional Scriptures**

*Hebrews 5:8; Philippians 3:10; Romans 8:17*

When Peter wrote to believers who were suffering, he said, “For to this you have been called, because Christ also suffered for you, leaving you an example, so that you might follow in his steps” (1 Peter 2:21). Drinking from the Cup of Suffering reveals why Christ is the ultimate model of how to suffer well. Your trials are not random or accidental. They are designed by God, because you have been called to walk through specific kinds of suffering. This chapter shows why Christ Himself had to suffer. Hebrews 5:8 teaches, “Although he was a son, he learned obedience through what he suffered.” You will explore what Christ learned in His earthly suffering and how His example shapes your own endurance.

By the end of this chapter, you will be invited to discover joy in your own seasons of hardship, just as Jesus did, “... who for the joy set before him endured the cross” (Hebrews 12:2).

### **Discussion:**

1. What is your first reaction to the idea that we are “called” to suffer as Christ did?
2. How does seeing Christ as your example change your understanding of suffering?
3. What do you think Jesus learned through suffering, and how does that shape your willingness to endure hard seasons?
4. What trial in your life seems unfair or confusing, and how might God be using it for your good?
5. What does it mean to follow in His steps when suffering becomes painful or prolonged?
6. How can suffering produce joy rather than bitterness?
7. Where in your life do you sense God forming Christlike endurance?

### **Prayer:**

Lord, help me keep going. Strengthen my heart so I don't stop in the middle of what You are doing. Give me endurance and courage to continue doing good. I trust You with my story. Amen.

# CHAPTER 12

---

## *Suffering with an Eternal Perspective*

### **Main Scripture**

*1 Peter 4:19*

### **Additional Scriptures**

*Galatians 6:9; Psalm 27:14; John 16:33*

When you suffer, your first reaction may be to quit, yet that is the last thing God wants for you. Scripture shows that some suffering comes from the consequences of bad decisions, as Peter explains in 1 Peter 4. Believers are not meant to suffer because of sinful choices. Yet there are other times you may suffer “in the will of God” (1 Peter 4:19). Learning to discern the difference between the pain that comes from sin and the pain that comes from obedience is key to trusting God in every circumstance.

Peter’s encouragement is clear. Do not stop in suffering. He writes, “Continue to do good.” Every believer faces moments when they must decide whether to give in to hardship or move forward in God’s calling. Your suffering is not meant to halt your faith or your purpose. Instead, God invites you to press on, trusting that He is shaping you, sustaining you, and strengthening you as you continue to do good.

### **Discussion:**

1. How do you discern the difference between suffering caused by your choices and suffering in the will of God?
2. Where are you tempted to quit when life gets hard?
3. What does “continue to do good” look like in your current circumstance?
4. How has God used suffering to move you forward rather than hold you back?
5. What helps you stay focused on eternity when pain feels immediate and overwhelming?
6. How does trusting God’s will change the way you endure trials?
7. What step of obedience is God asking you to take in the midst of your suffering?

### **Prayer:**

Lord, help me keep going. Strengthen my heart so I don’t stop in the middle of what You are doing. Give me endurance and courage to continue doing good. I trust You with my story. Amen.