Yara the Brave
and the
Swirling Worry
Blair Linne
Illustrated by Gabriella Galvez

B&H kids
Brentwood TN

To Sage, Maya, and Ezra.
May God always give you
wings to boldly fly.

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There once was a girl named Yara.
She was strong and steady. Bold and brave.
Nothing caused her body to shake.

When a cat was caught in a tree,
Yara climbed to rescue it.

During horseback rides,
she soared over the long fence.

When her friends dared her to ride the rumbling rollercoaster, she spiraled through the clouds.

She even watched a scary movie.

Everyone thought Yara was the most courageous girl in town.

Until one day . . .

She had a worry.

A worry worm spun its
silk around her.

But Yara was strong and steady.
Bold and brave!
A worrier? No way!

She stuffed the
worry silk deep
inside her
backpack.

Shhh! at school.

Hush at dinner.

Hidden at soccer.

Camouflaged at church.

Surely, no one would suspect it,
for no one else could see Yara's worry worm.

But it was still there.

When worries swirl, God's love stays steady.

Yara has always been brave and bold—until the day a worry worm starts following her everywhere. No matter how fast she runs, the worry clings tighter, tangling her thoughts and filling her heart with fear.

But Yara isn't alone. Every time she tries to run away from the worm, she meets wise friends who remind her that worry doesn't have to win because God is always present.

With lyrical storytelling, beautiful illustrations, and gentle encouragement, this book reminds kids that they can face worry with faith, hope, and the unchanging truth that God is always with them.

photo by Maria Orlova

Blair Linne is the author of *Finding My Father* and *Made to Tremble: How Anxiety Became the Best Thing That Ever Happened to My Faith*. She is also a Bible teacher, actress, and spoken word artist. Blair has toured globally and is known as one of the originators of the Christian Spoken Word genre. Her passion is proclaiming the gospel of Jesus Christ through writing, teaching, and spoken word. She and her husband, Shai, have three beautiful children.

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